

1380 Skippack Pike  
Blue Bell, PA 19422  
Rt. 202 & 73



(610) 239-9466  
(610) 239-8667  
(610) 239-9489 Fax

## Botanas (appetizers)

- REJONES AHOGADOS** 8  
Drowned crispy corn taquitos in green and red hot sauces, filled with chicken, topped with sour cream, queso fresco and cilantro.
- ROLLOS COSTEÑOS** 9  
Lightly breaded flour tortillas stuffed with Chihuahua cheese, braised poblano peppers and baby shrimp. Served with cucumber and chipotle sauce.
- QUESO FUNDIDO\*** 10  
Melted Chihuahua cheese served with your choice of: chorizo, champiñones, pepper strips or plain. Served with flour or corn tortillas.  
(Combination add 2)
- GUACAMOLE REAL\*** 9  
Mouth watering, daily fresh avocado dip.
- NACHOS MEXICANOS** 5  
Fresh, homemade corn tortilla chips with fresh salsa (pico de gallo)
- CEVICHE** 10  
A medley of white fish, crabmeat, shrimp and scallops cooked and marinated in lime juice with a tangy tomato sauce. Garnished with a slice of avocado and fresh cilantro.

## Ensaladas (salads)

- ENSALADA DE LA CASA\*** 6  
Fresh mix greens, topped with pico de gallo, guacamole, queso fresco and cilantro.
- ENSALADA EL SARAPE** 11  
Fresh mix greens with carrots, mushrooms, broccoli, topped with your choice of: chicken, beef fajitas or both, garnished with sour cream, guacamole and pico de gallo. **Add shrimp 3.**
- ENSALADA CESAR** 9  
Whole baby romaine lettuce mix with homemade Cesar dressing, Parmesan cheese and crispy croutons.  
**Add chicken 2. Add shrimp 3.**

## SOPAS (soups)

- SOPA DE TORTILLA** 7  
Our traditional tortilla chicken soup.
- SOPA CONDE\*** 6  
Creamy black bean soup.
- CREMA DE ELOTE\*** 7  
Corn chowder with epazote.

\* Vegetarian

## Platillos Fuertes (Lunch Entrees)

- LA MEMELITA\*** 9  
Hand made corn dough tortilla, topped with refried beans and choice of: beef, chicken, or vegetables, with hot sauce, rajas (mild poblano peppers), melted Chihuahua cheese, pico de gallo and cilantro.
- ENCHILADAS\*** 9  
Soft corn tortilla folded and stuffed with your choice of: cheese, shredded chicken, beef or vegetables. Poured with green or red hot sauce, mole, bean or mild tomato sauce. Topped with sour cream, onions and queso fresco. Served with seasoned rice and refried beans.
- POLLITO A LA PARRILLA** 9  
Marinated and grilled boneless chicken breast. Served with rajas poblanas, seasoned rice, garden salad, pico de gallo and refried beans.
- MOLE POBLANO** 10  
Chicken breast, poured with mild chiles, herbs, chocolate, nuts, and spicy brown sauce. Garnished with sesame seeds. Served with rice and beans.
- SALMON A LA VERACRUZANA** 11  
Salmon filet cooked a la Veracruzana (onions, jalapeños and tomatoes) topped with avocado sauce. Served with rice and salad. **(Spicy)**
- FILETE BORRACHO** 11  
Filet of orange roughly grilled to perfection with jumbo shrimp sautéed with tequila-chipotle sauce and topped with a light Chihuahua cheese. Served with spring salad, vegetables and flag rice.
- FAJITA QUESADILLA** 10  
Grilled flour tortilla stuffed with Chihuahua cheese and broiled marinated chicken or beef fajitas. Served with rice, beans, sour cream and guacamole. **Add shrimp 3.**
- CARNE ASADA** 11  
Grilled and marinated arrachera steak, served with rice, rajas, beans, pico de gallo and a choice of flour tortillas.
- SARAPE INVIERNO** 11  
Marinated thin cut arrachera steak, covered with black bean sauce and melted Chihuahua cheese, drizzled with smoked chipotle sauce. Served with rice and spring mix salad.
- CABALLO BLANCO O NEGRO** 10  
Large flour tortillas stuffed with chicken or beef and melted Chihuahua cheese, topped with fresh guacamole, queso fresco and cilantro. Served with rice, sour cream and fresh salsa.
- TACOS DEL PAISA (3)** 8  
Your choice of corn or flour tortillas. Chicken, beef, tinga or fish tacos. **(No combinations please)**
- BURRITOS**  
Large flour tortilla stuffed with choice of:
- Beans and cheese 8
  - Tinga: Spicy shredded beef 11
  - Chicken or beef fajita 11
  - Vegetarian: Mix of sauteed vegetables 9

Lunch Menu

Monday - Saturday 11 - 2 pm  
www.elsarapebluebell.com